

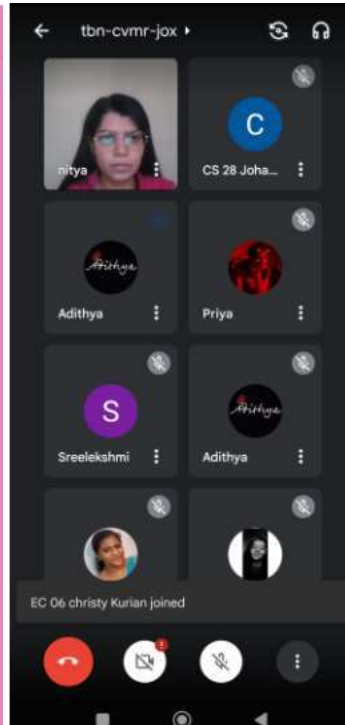
EXTRA CURRICULAR ACTIVITIES

AY 2022-23

NSS



WORLD ENVIRONMENT DAY



Webinar- Menstrual health and hygiene management



Clean energy challenge

In the blood donation camp held at STIST on 20/7/22 jointly by the NSS units (219 and 531), ANTI DRUG & ABUSE CLUB & RED RIBBON CLUB, more than 70 persons donated their blood including staff and students.



Blood Donation Camp

STI

21 JUNE INTERNATIONAL

YOGA DAY

NSS STIST 219 & 531

POSTURE CORRECTION

RELAXATION

BODY & MIND COORDINATION

FLEXIBILITY & STRENGTH DEVELOPMENT

YOGA SESSION LED BY C S PREMAKUMARI
 Yoga Tutor And Certified Yoga Trainer
 Health, Safety & Environmental Education Department

10 AM TO 11 AM

[stist.tvn](https://www.instagram.com/stist.tvn) | [St. Thomas Institute For Science And Technology](https://www.facebook.com/St.ThomasInstituteForScienceAndTechnology)
www.stistvm.edu.in

ST. THOMAS INSTITUTE FOR SCIENCE AND TECHNOLOGY TRIVANDRUM

CONTACT
 9497772401
 principal@stistvm.edu.in



International Yoga Day Celebrations



Independence Day Celebrations

St. Thomas Institute For Science & Technology (STI)
Kattaikonam, Thiruvananthapuram



1/4

FOOD FESTIVAL

*Biryanis, Juices, Tea, Icecreams,
and...
much more*

Sept 17
From 8:30 AM

All Profits Will Be



Food Fest

St. Thomas Institute For Science & Technology (STI)
Kattaikonam, Thiruvananthapuram



Observation of NSS Week

#കർത്തവ്യ വാരാഘോഷം

Orphanage Visit





Successfully Completed
Visiting an Orphanage
on 25-09-2022



Unit No:
219 & 531

Rinu Sarah Mathews
+91 94977 72401

 facebook.com/stistvm
 instagram.com/nss.stist/

Jisrmy Antony
+91 94469 55863

Orphanage Visit





Anti Drug Painting On The College Corridor Wall By Nss Students



St. Thomas Institute for Science & Technology
Kazhakkuttom Trivandrum (STI)

Inauguration of
"SAY NO TO DRUGS"
Campaign

Inauguration Dr. A.G. Mathew Principal, STIST	Guest Of Honour Thampi S. Durgadutt Former I.P.S. Officer	Felicitation James M.G. President, Y's Men's Club Trivandrum
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25th Oct 2022, 2:30 Pm
Venue: STIST (Main Block)




 NSS Units
219 & 531

 stistvrm
 nss.stist

Rinu Sarah Mathews
+91 94977 72401
 Jismy Antony
+91 94469 55863



Say No to Drugs Campaign

**ST THOMAS INSTITUTE FOR
SCIENCE AND TECHNOLOGY (STI)**



**VENUE: MEDICAL COLLEGE
TRIVANDRUM**

DATE: 4/11/22

സ്മേഹവിഭജനം



Unit no
219 & 531



Phone: +91 9447772401
Jsmi: +91 9446955863



nss.stist





stistvm




“Snehavirunnu”- Distribution of Food Packets in Medical College Premises

St. Thomas Institute For Science & Technology (STI)
Kazhakkuttom, Thiruvananthapuram


Anti Drug & Abuse Club / Red Ribbon Club / NSS, STIST



CYCLING CAMPAIGN AGAINST DRUGS

Karyavattom-College via Vettu road

Felicitation Speech





Rajeev S.S.
Sub Inspector of Police

Inaguration/Flag off

Dr. A.G. Mathew
Principal, STIST

17th Dec 2022
7:30 am
From Karyavattom

NSS UNITS 219 & 531  stistvm  nss.stist

Anup Mathew Abraham
+91 94956 35696
Archana T.
+91 94966 58669

Rinu Sarah Mathews
+91 9497 772401
Jismy Antony
+91 94469 55863



Cycle Rally



Independence Day Celebrations

ARTS



Fresher's Day Celebration



Holi 2k23 - Rang Barse



Yasya 2k23 Logo Launch



YASYA2K23

SPORTS



Inter-Departmental Basketball Tournament



University Selection Trials @ Chandrasekharan Nair Stadium



ISHRAE : Trivandrum Zone Cricket Tournament Champions



College Football Team



Inter Colligate Table tennis tournament



Volleyball : Students selected in A-Zone team



Copa De STIST